

Speiseplan Canteen Wernigerode

our culinary offers from 11/03/2024 until 16/03/2024



monday

sliced pork Cantonese style in sweet and spicy vegetable sauce additional one vegetable side dish and one starch side dish for selection (2,9,f,k)



3,10 € | 4,80 € | 6,20 €

tuesday

4 american pancakes with hot cherries (a1,c,g)



2,00 € | 3,80 € | 5,20 €

wednesday

Pork goulash additional one vegetable side dish and one starch side dish for selection (a1)



3,40 € | 5,10 € | 6,50 €

thursday

fried chicken breast Dutch style with tomato and Edam cheese gratinated served with cream sauce as well as one vegetable side dish and one starch side dish for selection (a1,g)



3,10 € | 4,80 € | 6,20 €

friday

fried saithe filet Müllerin Art with lemon, parsley and brown butter additional one vegetable side dish and one starch side dish for selection (d,g)



3,40 € | 5,10 € | 6,50 €

saturday

sweet potato curry with cauliflower, beluga lentils, carrots, spinach leaves and cilantro (f)



2,00 € | 3,80 € | 5,20 €

Crunchy Chicken Burger additional potato wedges and sour cream (3,5,9,a1,a3,c,f,g,i,k,l)



3,70 € | 5,40 € | 6,80 €

Potato stew optionally with poultry wiener slices or soy stripes (2,3,8,f,i,R)



2,00 € | 3,80 € | 5,20 €

two baked camembert with cranberry orange dip as well as one vegetable side dish and one starch side dish for selection (a1,g)



3,40 € | 5,10 € | 6,50 €

cheese schnitzel with tomato sauce and marinated leaf salads (5,a1,g,l)



3,10 € | 4,80 € | 6,20 €

Today's favourite cake of our Mensa-Team: Vegan carrot cake with hazelnuts (3,a1,h2)



1,50 € | 1,80 € | 2,10 €

sweet potato curry with cauliflower, beluga lentils, carrots, spinach leaves and cilantro (f)



2,00 € | 3,80 € | 5,20 €

chili con quinoa with pita flatbread and coleslaw salad (2,3,a1,j)



2,80 € | 4,50 € | 5,90 €

Today's favourite cake of our Mensa-Team: Ovenbaked Applepie with cinnamon crumbles (3,a1,c,g)



1,50 € | 1,80 € | 2,10 €

colourful potato noodles-vegetable pan served with wild garlic curd (a1,c,g)



2,50 € | 4,20 € | 5,60 €

boiled potatoes
fried rice (2,f,k)
asian pan vegetables (2,f)
green beans (g)

boiled potatoes
Potato dumplings with bread butter (3,5,a1,g,l)
snip beans (g)
creamed savory cabbage (a1,g)

French fries (3)
long grain rice
broccoli (a1,g)
rustic carrot vegetables (g)

boiled potatoes
French fries (3)
noodles (a1)
pan-fried vegetables (g)
creamed leaf spinach (a1,g)

In addition daily serving: soup of the day, salad and dessert buffet.

price scale: students | staff | guests

additives: with food colouring (1), with food preservatives (2), with anti-oxidants (3), with flavor enhancer (4), sulfurized (5), waxed (6), blackened (7), with phosphates (8), with sweetener (9), contains phenylalanine (10) — **allergenic:** cereals containing gluten (a), contains wheat (a1), contains rye (a2), contains barley (a3), contains oats (a4), contains spelt (a5), contains kamut (a6), contains crustaceans (b), containing eggs (c), contains fish (d), contains peanuts (e), contains soy/soya (f), contains milk/lactose (g), contains nuts (h), contains almonds (h1), contains hazelnuts (h2), contains walnuts (h3), contains cashews (h4), contains pecan nuts (h5), contains brazil nuts (h6), contains pistachios (h7), contains macadamia nuts (h8), contains queensland nuts (h9), contains celery (i), contains mustard (j), contains sesame (k), contains sulphite/sulphur dioxide (l), contains lupin (m), contains molluscs (n)

Other additional information: gelatin (P), cochineal (Q), bovine collagen (R), sheep casing (S), animal rennet (T)



pork



beef



poultry



fish



game



lamb



vegan



Bio



vegetarian



contains alcohol



soup of the day



mensaVital



with garlic



animal welfare