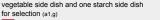
Speiseplan Canteen Wernigerode

our culinary offers from 05/05/2025 until 10/05/2025

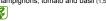


monday

chicken breast Milano with tomato-cheese 4 yeast dumplings with strawberry-apricot filling served with cream sauce as well as one ragout and vanilla sauce (3,a1,c,g)



One-pot pasta with spaghetti, broccoli,



2,00 € | 3,80 € | 5,20 €

coriander, chia seeds and avocado dip (2,3)



tuesday



2.00 € | 3.80 € | 5.20 €

wednesday

lentil stew with potatoes and smoked meat (2



2.00 € | 3.80 € | 5.20 €

thursday

Pollock fillet with wild garlic crust served with colourful vegetable paella and lemon dip (2,3, a1.a3.d.f.g.i



3 90 € 15 60 € 17 00 €

friday

saturday

Rice pudding with cinnamon-sugar and apple puree (3,g)



2.00 € | 3.80 € | 5.20 €

champignons, tomato and basil (1,5,a1,l)



Colorful sweet potato and vegetable chili with



2,60 € | 4,30 € | 5,85 €

Fricassee with plant-based chicken, asparagus, mushrooms and capers additional long grain rice (1,f,j)



2.90 € | 4.60 € | 6.15 €

Pulled Turkey Burger with Coleslaw additional potato wedges and buttermilk ranch dip (1,a1, a.i.i.k)



3,90 € | 5,60 € | 7,00 €

Save the meal: Colorful sweet potato and vegetable chili with coriander, chia seeds and avocado dip (2,3)



2,60 € | 4,30 € | 5,85 €

Ricepan Nasi Goreng with asian vegetables, fried onions and optional fried chicken breast strips or soy stripes (2,a1,f)





2.90 € | 4.60 € | 6.15 €

Today's favorite cake of the Mensa team: pudding cake with choco sprinkles fom the baking sheet (1,a1,c,g)



1,50 € | 1,80 € | 2,10 €

stuffed cabbage with minced meat filling served with cream sauce, boiled potatoes and marinated leaf salads (a1,g)



3 20 € | 4 90 € | 6 45 €

kidney bean quinoa pan with colourful vegetables served with tomato-mango salsa (2)



2,60 € | 4,30 € | 5,85 €

Today's favorite cake of the Mensa team cheese cake from the baking tray (a1,c,g)



1.50 € | 1.80 € | 2.10 €

sweet potato curry with cauliflower, beluga lentils, carrots, spinach leaves and cilantro (f,i)



2,00 € | 3,80 € | 5,20 €

beef goulash additional one vegetable side dish and one starch side dish for selection



3,70 € | 5,40 € | 6,80 €

Today's favourite cake of our Mensa-Team: Chocolate cake (1,a1,c,f,g)



1.50 € | 1.80 € | 2.10 €

Sudenburger Currywurst with French fries and side salad (1,2,3,5,8,9,I)



3,40 € | 5,10 € | 6,50 €

2 beetroot buffers with banana curry dip served with french fries and side salad (3,5,a1,j,l)



3.40 € | 5.10 € | 6.50 €

multi grain burger with vegetarian cutlet served with french fries and sour cream (1,9,a1,a2,a3, a4,a5,a6,c,f,g,j,k)



4.00 € | 5.70 € | 7.10 €

Today's favorite cake of the Mensa team: cheese cake from the baking tray (a1,c,g)



1,50 € | 1,80 € | 2,10 €

boiled potatoes French fries creamed kohlrabi (a) Carrot, pumpkin and leek vegetables boiled potatoes bread dumplings (a1,c,g) apple-red cabbage (9) mixed vegetables

In addition daily serving: soup of the day, salad and dessert buffet.

price scale: students | staff | guests

additives: with food colouring (1), with food preservatives (2), with anti-oxidants (3), with flavor enhancer (4), sulfurized (5), waxed (6), blackened (7), with phosphates (8), with sweetener (9), contains phenylalanine (10) — allergenic: cereals containing gluten (a), contains wheat (a1), contains rye (a2), contains barley (a3), contains oats (a4), contains spelt (a5), contains spelt (a5), contains kamut (a6), contains kamut (a6), contains hazelnuts (h2), contains soy/soya (f), contains milk/lactose (g), contains nuts (h), contains almonds (h1), contains hazelnuts (h2), contains walnuts (h3), contains cashews (h4), contains pecan nuts (h5), contains brazil nuts (h6), contains pistachios (h7), contains mults (h8), contains mustard (j), contains sesame (k), contains sulphite/sulphur dioxide (l), contains lupin (m), contains molluscs (n) Other additional information: gelatin (P), cochineal (Q), bovine collagen (R), sheep casing (S), animal rennet (T)

































