

Mensa Schlossgarten

For the week from 29/04/2024 until 04/05/2024

Studentenwerk Osnabrück

...damit Studieren gelingt!

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
Main dishes	<p> Mexican pan-fried beans and potatoes^{2,3,k} Hot pepper dip^{f,j} 1,80 € · 4,00 €</p> <p> Szechuan-style beef julienne^f Fried noodles^{a,f} 2,80 € · 5,30 €</p> <p> Fried potatoes - big portion 1,00 € · 2,50 €</p>	<p> One pot pasta with courgette, peas and lentils^{1,a,h} 2,80 € · 5,00 €</p> <p> Mensa burger with schnitzel, coleslaw and cocktail sauce^{3,a,c,j,k} 3,20 € · 5,70 €</p> <p> Fried potatoes - big portion 1,00 € · 2,50 €</p>			<p> Tabouleh - Oriental bulgur salad with parsley and mint^a Bell pepper hummus^m Falafel^a 2,80 € · 5,00 €</p> <p> Potatoes filled with tomato and mozzarella⁹ Pesto dip^{c,g,h,j} Salad bouquet 2,30 € · 4,50 €</p> <p> Turkey pan chop suey with optional coriander topping^{2,f,h,m} Basmati rice 3,20 € · 5,70 €</p> <p> Fried potatoes - big portion 1,00 € · 2,50 €</p>	<p> Colorful asparagus risotto with pine nuts and cress^{1,f} 2,90 € · 5,10 €</p> <p> Potato-coated pollock fillet^{24,a,d} Herb mayonnaise^{c,g,j} Potato cucumber salad^d 2,95 € · 5,45 €</p> <p> Fried potatoes - big portion 1,00 € · 2,50 €</p>	<p> Bollywood potato curry with broccoli and poppy seeds^{1,f} 1,80 € · 4,00 €</p> <p> Marinated turkey steak^{2,a} Mustard pepper sauce^{1,g,j} Duchess potatoes^{a,c,g} Princess beans 3,10 € · 5,60 €</p> <p> Fried potatoes - big portion 1,00 € · 2,50 €</p>
Dishes	<p> Stir-fry vegetables in Asian sauce^f 0,50 € · 1,20 €</p> <p> Fried noodles^{a,f} 0,45 € · 1,15 €</p> <p> Fried potatoes - small portion 0,55 € · 1,25 €</p>	<p> Cauliflower 0,45 € · 1,15 €</p> <p> Potato dippers^a 0,45 € · 1,15 €</p> <p> Fried potatoes - small portion 0,55 € · 1,25 €</p>		<p> Broccoli 0,55 € · 1,25 €</p> <p> Basmati rice 0,55 € · 1,25 €</p> <p> Fried potatoes - small portion 0,55 € · 1,25 €</p>	<p> Fried potatoes - small portion 0,55 € · 1,25 €</p>	<p> Fried potatoes - small portion 0,55 € · 1,25 €</p>	
Salad of day	<p> Courgette and cucumber salad with shepherds cheese^{3,g,j,k} 0,70 € · 1,40 €</p>			<p> Quinoa and leek salad 0,85 € · 1,55 €</p>	<p> Mixed salad^{3,j} 0,50 € · 1,20 €</p>	<p> Harlequin salad 0,50 € · 1,20 €</p>	
Dessert	<p> Apple pulp 0,70 € · 1,40 €</p>	<p> Vegan chocolate mousse^f 1,00 € · 1,70 €</p>		<p> Quark dessert⁹ Strawberry sauce 0,50 € · 1,20 €</p>		<p> Red berry compote 0,50 € · 1,20 €</p>	

Prices apply for students and staff.

The following supplements apply to the staff price for guests and staff without an official pass: Stew: 0,80 € – Main dishes: 0,60 € - 0,80 € – Side dishes: 0,20 € Subject to change. We wish you good appetite.

Additives: 1) contains colourant, 2) contains preservative, 3) contains antioxidant, 4) contains flavour enhancer, 5) sulphurised, 6) blackened, 7) waxed, 8) contains phosphate, 9) contains sweeteners,

10) contains a source of phenylalanine, 15) contains alcohol, 24) from sustainably managed fisheries, 23) Contains gelatin (pork), 25) Contains gelatin (beef)

Allergens: a) Cereals containing gluten, b) Crustaceans, c) Hen's egg, d) Fish, e) Peanuts, f) Soya, g) Milk and lactose, h) Nuts, i) Celery, j) Mustard, k) Sulphur dioxide and sulphites, l) Lupin, m) Sesame seeds, n) Molluscs



Venison



Pork



Beef



Poultry



Species-appropriate animal husbandry



Fish



Vegetarian



Vegan



Garlic